

PATROL MENU PLANNING

The following procedures and guidelines for menu planning and meal preparation will be followed for every campout (unless specifically temporarily altered by the Scoutmaster). The Troop requires all meals to include the four basic food groups. If it is not being cut, diced, sliced, cubed, boiled, baked, fried, or grilled, then it may not be approved. All meals require some degree of preparation, breakfasts and dinners must require cooking (must contain raw ingredients such as meat, eggs, vegetables, fruit, etc.), or consist of three or more different ingredients that require some degree of preparation.

Patrols will follow the simple six step procedure outlined below:

1. Menus for an upcoming campout are to be planned during Patrol Time at the Troop meeting **BEFORE THE CAMP OUT**. Menus will be planned out using the patrol menu planning worksheet. Any specific temporary alterations made by the Scoutmaster will be indicated in the appropriate location on the patrol menu planning worksheet for that particular campout.

All meals will be planned to include the four basic food groups. All meals, including breakfast on the morning of departure from a campout location, will be planned, prepared, and eaten in a manner that requires a three basin dishwashing system to be used for clean up (see page 282 of the Boy Scout Handbook). This means no use of disposable dishes (plastic forks or spoons; paper or Styrofoam plates, bowls, or cups) is allowed. Each patrol will prepare, and use, its own three basin dishwashing system on a campout.

REGULAR CAMPOUTS

Breakfasts: Breakfasts should require some degree of preparation. A “fully cooked” breakfast is to be cooked on both mornings of a campout. If the breakfast menu needs to be altered for a specific activity, the scoutmaster will advise the patrols before they plan their camping menus.

Lunch: Lunches do not necessarily have to be “cooked”, but must require some degree of preparation. If the lunch menu needs to be altered for a specific activity, the Scoutmaster will advise the patrols before they plan their camping menus.

Dinner: The meal must be prepared and cooked. It must contain raw ingredients (meat, vegetables, fruit, etc.) or consist of three or more different ingredients that require some degree of preparation (not just dumped out of a can into a pot).

2. The completed Menu Worksheet must be reviewed by, approved by, and signed by the SPL and the Scoutmaster or an Assistant Scoutmaster.

Approval should occur at the meeting before the campout.

3. Envelopes containing checks for the allotted amount of food money, by patrol, will be handed out at the Troop meeting the week of the campout.

4. Turn a copy of the menu planning worksheet in to the SPL before loading up for a campout (normally on Friday night in the church parking lot).

5. **GRUBMASTERS – MINIMIZE CHANGES!** All items listed on the menu should be prepared on the campout. There will be no declining to prepare an item because you think it is not needed. Remember, your patrol voted on the menu and someone may be looking forward to the item you do not want to prepare.

6. A adult leader will review all menu planning worksheets and each patrol’s food sometime during each campout. If it is determined the menu planning worksheet was not followed, the grub master(s) will do all cleaning of all patrol dishes for that campout (as well as any other duties assigned by the reviewing scoutmaster).

7. Patrols are required to place all shopping receipts, and any unspent money, in their patrol food money envelope and turn it in to the Scoutmaster at the Troop meeting immediately after the campout.

FOOD RULES

The following foods are not allowed on campouts: Cheese Whiz (or any other canned spray cheese). MREs, Mountain House or other brands of freeze dried meals, and pre-cooked meats are not authorized unless specified or approved by the Scoutmaster for a particular campout. Drinks must be non-carbonated and cannot contain caffeine (no sodas, even non-caffeinated ones). Coffee is only allowed for the adult leaders.